

## 20 Spiritual Points and the Spine Locations for Joint Resonance correction

Spine Location	Chakra/ Spiritual Point	Spiritual Connection (1)	Emotional Integration (2)	Frequency (3) HZ	Note
Lumbar 2	13	Yin		155.56	D#
Lumbar 1	14	Yang		138.57	C#
Thoracic 12	15	Balance of Polarities	Rage/Hate/Pissed Off	233.08	A#
Thoracic 11	16	Balance of Similarities	Abandoned/Deserted/Doomed	207.65	G#
Thoracic 10	17	Harmony	Unloved, Unappreciated	185.00	F#
Thoracic 9	18	Free Will and Freedom	Stressed Out/Confused	155.56	D#
Thoracic 8	19	Kundalini	Self-Esteem/Self-Image	138.57	C#
Thoracic 7	20	Mastery	Over-Anxious/Unworthy	246.94	B
Thoracic 6	21	Abundance	Frustration/Abuse/Hostility	220.20	A
Thoracic 5	22	Clarity	Despair/Worried	196.00	G
Thoracic 4	23	Knowledge of Good and Bad	Depression/Bitterness	174.61	F
Thoracic 3	24	Creation	Grief/Torment/Anguish	164.81	E
Thoracic 2	25	Manifestation	Broken Heart/Betrayed	146.83	D
Thoracic 1	26	Alignment	Anxious/I'm Broken	130.81	C
Cervical 7	27	Peace		246.94	B
Cervical 6	28	Wisdom		220.20	A
Cervical 5	29	Enjoyment		196.00	G
Cervical 4	30	Forgiveness		174.61	F
Cervical 3	31	Faith		164.81	E
Cervical 2	32	Grace and Divine source consciousness		146.83	D
Cervical 1	Overriding spiritual principle	Principle of Love		130.81	C

(Cyndi Dale, 2009, *The Subtle Energy Body: An Encyclopedia of your Energy Body*, pp. 306-307(1); Dr. June Wieder, 2004, "Song of the Spine: Sound Healing and Vibrational Therapy (3); Dr. Randall Robirds, "Emotional Rib Heads" (2).)