

*Workshops* • *Classes* • *Retreats* • *Private Sessions*

Monthly **workshops** are listed at ***www.dancedebut.com***

**Classes** are posted on the ***blog at www.dancedebut.com***

**Retreats** can be booked for **special occasions for groups and families**

**Private sessions** can be booked at ***902-945-2967*** or ***email info@dancedebut.com***.

***\$65 per 90 minute session:*** A session may include - Touch for Health, Circuits Alive Muscle Tuning, Medical Intuition, Sound Essence Bath, Singing Bowl Massage, Qi YINtegration Energy Assessment, Stress Release, 5 Element Emotion Balance, Posture Assessment, and more.

**H.U.G.S. Party** - Book a special afternoon or evening event for a few friends and learn some simple techniques based on chosen topics.

See the full listing at ***www.dancedebut.com***

If you are interested in learning more about Michelle's work check out ***www.dancedebut.com***

Check out Michelle's **YouTube Channel:**  
[www.youtube.com/channel/UCEPG1vTQ71ZSEuM2GgmgDw](http://www.youtube.com/channel/UCEPG1vTQ71ZSEuM2GgmgDw)

Check out The Feet First System App  
<http://h.fanapp.mobi/feetfirst>

Any inquiries about what you have read or seen, email Michelle: ***info@dancedebut.com***

### FACEBOOK!

- Michelle Greenwell
- Dance Debut Inc.
- The KEY to Health with Energy Medicine: Kinetic Energy YINtegration
- Qi Yintigration
- Feet First System
- Tai Chi Cape Breton

Feet First System Diagram can be found under Articles at [www.dancedebut.com](http://www.dancedebut.com)